

Competition Team Summer Intensives



Intensive #1
6/27 - 6/29

Minis/Jrs - Grades 1-6 9AM - 12PM

Our **Minis/Jrs** will work on:

- Technique: Jumps/Turns & Ballet Barre
- Stretching and Conditioning
- Progressions Across the Floor
- Styles: Jazz, Lyrical & Hip Hop
- Work on Team Building
- Create Long Lasting Memories
- Performance on Last Day

Cost:
\$120



Teens/Srs - Grades 7-12 9AM - 4:30PM

Our **Teen/Srs** will work on:

- Technique: Jumps/Turns & Ballet Barre
- Injury Prevention Therapy
- Stretching and Conditioning
- Progressions Across the Floor
- Styles: Jazz, Contemporary, Hip Hop & Tap
- Work on Lifts with Team
- Work on Team Building
- Create Long Lasting Memories
- Bring a Nutritious Lunch!
- Performance on Last Day

Cost:
\$300

Teens/Srs - Grades 7-12 9AM - 4:30PM

Our **Teen/Srs** will work on:

- Technique: Jumps/Turns & Ballet Barre
- Injury Prevention Therapy
- Stretching and Conditioning
- Progressions Across the Floor
- Styles: Jazz, Contemporary, Hip Hop & Tap
- Work on Lifts with Team
- Work on Team Building
- Create Long Lasting Memories
- Bring a Nutritious Lunch!
- Performance on Last Day

Cost:
\$300



Minis/Jrs - Grades 1-6 9AM - 12PM

Our **Minis/Jrs** will work on:

- Technique: Jumps/Turns & Ballet Barre
- Stretching and Conditioning
- Progressions Across the Floor
- Styles: Jazz, Lyrical & Hip Hop
- Work on Team Building
- Create Long Lasting Memories
- Performance on Last Day

Cost:
\$120

Intensive #2
7/25 - 7/27

Current Comp Team Dancers: Your participation in at least 1 of our Competition Team Summer Intensive is **MANDATORY** as member of the team.

Interested in Joining Our Competition Team? First, talk to Miss Caley. If interested, we would want for you to attend an Intensive this Summer!

Intensive #3
8/8 - 8/10

Minis/Jrs - Grades 1-6

9AM - 12PM

Our **Minis/Jrs** will work on:

- Technique: Jumps/Turns & Ballet Barre
- Stretching and Conditioning
- Progressions Across the Floor
- Styles: Jazz, Lyrical & Hip Hop
- Work on Team Building
- Create Long Lasting Memories
- Performance on Last Day

Cost:
\$120



Teens/Srs - Grades 7-12

9AM - 4:30PM

Our **Teen/Srs** will work on:

- Technique: Jumps/Turns & Ballet Barre
- Injury Prevention Therapy
- Stretching and Conditioning
- Progressions Across the Floor
- Styles: Jazz, Contemporary, Hip Hop & Tap
- Work on Lifts with Team
- Work on Team Building
- Create Long Lasting Memories
- Bring a Nutritious Lunch!
- Performance on Last Day

Cost:
\$300

Competition Seasonal Commitment:

- Technique Classes (more info to follow)
- Jr/Teen/Sr:
 - Enrolled in at least 4 classes
 - Combination of Comp and/or Rec Classes
- Minis:
 - Enrolled in at least 2 classes
 - Combination of Comp and/or Rec Classes
- Attend 3 (2 - Minis) Local Competitions
- Excellent Attendance
- Exemplary Attitude and Sportsmanship

Dancewear/Footwear Attire

- **Contemporary**
 - Barefoot
 - Form Fitting Clothing - **nothing** baggy
- **Hip Hop**
 - Pastry Sneakers
 - Loose Fitting Clothing
- **Jazz**
 - Jazz Shoes
 - Leotards, Bike Shorts
- **Tap**
 - Competition Style Tap Shoes
 - Leotards, Bike Shorts
- **ABSOLUTELY NO CROP TOPS!!!!**
- Hair Back and NEAT!!!
- LOOK GREAT - DANCE GREAT!

Minis/Jr:

- Bring Labeled WATER Bottle! :)

Teen/Sr:

- Bring a Healthy Lunch and Snack
- Bring Notebook to take down Notes!
- Bring Labeled Water Bottle! :)



**Discounts are available
for participating in
multiple intensives!!!**



Register Here

barbarasschoolofthedance.com



**Come have fun with
US this summer!!!**

417 Kenwood Ave
Delmar, NY 12054

Disclaimer!!! Each Intensive must have at least 6 dancers enrolled to run. Intensives must be paid for **IN FULL 1 WEEK** in advance!!!!