

# Meet the Teacher

# Miss Rory



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## About Me:

Hi! I'm Miss Rory and I'm so excited for my second year of teaching at BSOTD! I grew up in Delmar and am the youngest of 5. I've been dancing since I was 3 years old! I look forward to meeting you and can't wait to dance with you all this upcoming season!

## My Favorites:

Dance Style: HipHop or Jazz  
Color: Pink  
Number: 14  
Hobby: Pickleball  
Flowers: Roses  
Drink: Iced Caramel Latte  
Song: All Songs by Tate McRae  
Movie: She's the Man  
City to Visit: Saratoga Springs  
Book: Atomic Habits by James Clear

## What Am I Teaching This Season...

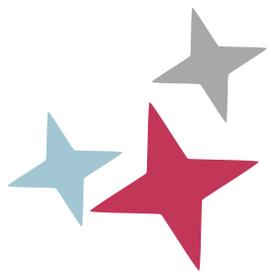
- Recital/SB- Acro Jazz, Hip Hop, Tap, Jazz, Ballet
- Competition- Hip Hop, Jazz, Technique

## Dance Education:

I grew up as a competitive dancer and went to SUNY Oneonta to complete my degree in Communication Studies with a Minor in Dance. I was captain of the Oneonta State Dance Team as well as a choreographer for the Terpsichorean Dance Company.

## Fun Facts About Me!

- This past year was my first season on the Firebird Flames Dance Team
- Aside from teaching dance, I'm a full-time nanny!
- I write left-handed, but do everything else with my right hand



# Meet the Teacher

# Miss Jeanna



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## About Me:

Hello! My name is Miss Jeanna, this will be my third year with BSOTD! I am the youngest sibling of three by twenty years. I love meeting new people, I'm excited to see some new and familiar faces this season!

## My Favorites:

Dance Style: Jazz  
Color: Cream  
Number: 14  
Hobby: Cycling Classes  
Flowers: Lilies  
Drink: Anything Pumpkin Spice  
Song: All Songs by Chris Stapleton  
Movie: Pursuit of Happiness  
City to Visit: Los Angeles  
Book: Atomic Habits by James Clear

## Dance Education:

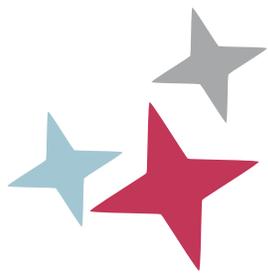
I took my first dance class when I was eight years old and I never stopped since then. I grew up taking recreational classes, shortly after I transitioned into competitive dance. I continued my dance education into college where I earned bachelor's in fine arts. I was able to train in New York and Los Angeles, dancing on both coasts introduced me to various commercial and theatrical styles of dance. This also allowed me to take classes from several professional choreographers, which has had a major influence on my style!

## What Am I Teaching This Season...

- Recital - Ballet/Tap, Pointe Prep
- Competition - Technique
- Adult - Ballet

## Fun Facts About Me!

- I have the same birthday as Cheryl Burke!
- I was in a Disney commercial!
- I love sweet treats!



Meet the Teacher

**Miss Lauren**



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## About Me:

Hey everyone! I'm Lauren and I am so excited to be back at Barbara's, but on the other side! I grew up dancing at Barbara's, starting at age 3! I recently graduated from Loyola University Maryland with a bachelors of science in biology and psychology. I'm now currently studying to attend law school! In my free time I love reading, going for walks or working out, and watching movies :)

## My Favorites:

Dance Style: Modern or Musical Theater

Color: Blue

Number: 3

Hobby: Reading

Flowers: Hydrangeas

Drink: Diet Coke

Song: Break My Soul by Beyoncé

Movie: Anything Thriller or Mystery

City to Visit: Dubrovnik, Croatia

Book: The Return of Ellie Black

## What Am I Teaching This Season...

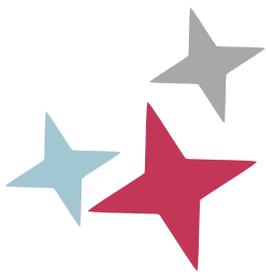
- Recital - Tap, Jazz
- Adult - Modern and Pilates/Barre

## Dance Education:

I started dancing at 3 years old at Barbara's up until I graduated high school! I then continued dancing in college all four years with my university's dance company!

## Fun Facts About Me!

- I work at a fitness studio in town called HOTWORX
- -Axolotls are my favorite animals
- -I've never broken a bone!



Meet the Teacher

# Miss Maddy



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## About Me:

My name is Miss Maddy! This is my 3<sup>rd</sup> Season teaching with BSOTD, but my 22<sup>nd</sup> Season working with the studio. I grew up just a short walk from BSOTD's old location and danced with them my entire childhood. I went away for college and lived in NYC for a few years, but came back every June to help out with the Recital. When I moved back to Albany three years ago, one of the first things I did was reach out to Miss Caley. My time at Barbara's was full of support, kindness, and fun and I wanted more than anything to pass that on to the next generation of BSOTD!

## My Favorites:

Dance Style: Lyrical and Ballet  
Color: Purple  
Number: 13  
Hobby: Writing  
Flowers: Lilies  
Drink: Iced Coffee (all year round!)  
Song: Shake It Out by Florence and the Machine  
Movie: Pride and Prejudice (2005)  
City to Visit: London  
Book: The Hunger Games Series

## Dance Education:

I danced with Barbara's School of the Dance for 15 Years! From Pre-school through my High School Graduation. In college, I spent time choreographing and dancing for myself!

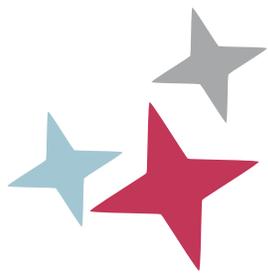
## What Am I Teaching This Season...

- Recital/SB- Ballet, Tap, Jazz, Hip Hop
- Adult Classes

## Fun Facts About Me!

- I have the lyrics to almost every Taylor Swift song memorized.
- I have a poodle named Mabel.
- I read 100 Books in 2024.





# Meet the Teacher

# Miss Madeline



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## About Me:

Hi all! I am Miss Madeline! I am very excited and grateful to be teaching at BSOTD this year and look forward to meeting everyone! I love being active and you can often find me going for a run, dancing, or doing yoga on my days off.

## My Favorites:

Dance Style: Ballet  
Color: Green  
Number: 13  
Hobby: Reading  
Flowers: Tulips  
Drink: Iced Matcha Latte  
Song: Anything by  
Cage the Elephant  
Movie: Pirates of the Caribbean  
City to Visit: Ocean City, NJ  
Book: Throne of Glass

## What Am I Teaching This Season...

- Pointe Prep
- Comp - Technique

## Dance Education:

I started liturgical dance at 5 years old with Redemption Dance Institute where I fell in love with dance. I took my first classical ballet class at 14 with the Albany Berkshire Ballet where I eventually became a student in their Junior Company. Alongside my training, I got the opportunity to go on tour with the company in ABB's annual Nutcracker as well as other programs and show cases.

## Fun Facts About Me!

- I used to live on a farm (cows love classical music)
- My favorite ballet is Swan Lake or Giselle
- I can peel a banana with my toes

# Meet the Teacher

# Miss Mackenzie

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## About Me:

Hi I'm Miss Mackenzie and I am so excited for the 51st season at BSOTD. This is my 4th year teaching at BSOTD and I am so grateful to be back. I grew up in Slingerlands, NY and have been dancing since I was 2 years old. Dance has always been my passion, but I am also a mental health clinician at a local high school. I enjoy spending free time with my friends and family, exploring restaurants, traveling to new cities, and watching reality TV. I look forward to dancing with you this season and sharing our love for dance!

## My Favorites:

Dance Style:  
Tap/Jazz/Contemporary  
Color: Orange  
Number: 2  
Hobby: Watching Football (Go Giants!)  
Flowers: Sunflower  
Drink: Coffee Milkshake  
Song: Ribs  
Movie: Bridesmaids  
City to Visit: New York City  
Book: It Ends with Us

## What Am I Teaching This Season...

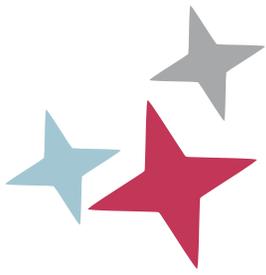
- Comp - Tap Technique, Production, Tap, Jazz

## Dance Education:

I grew up dancing at a local studio and competed in many dance competitions for several years. In high school, I attended Albany Academy for Girls and participated in the dance program which introduced me to modern dance. This influenced me to attend Skidmore College where I double majored in Social Work and Dance with a concentration in Performance/ Choreography. At Skidmore, I performed in numerous dances with various choreographers and was a TA in the lower level dance courses. One of my favorite experiences was performing a Martha Graham piece at the Joyce Theater in New York City. After graduating, I attended New York University and obtained my Master of Social Work in 2020 and moved back to Slingerlands soon after.

## Fun Facts About Me!

- I danced a tap number as an opening act for a Jonas Brothers concert.
- I won the local and regional Knights of Columbus Foul Shooting competition twice and advanced to compete at states.
- Recently, I kayaked in the Caves of the Algarve in Lagos, Portugal with my best friends.



# Meet the Teacher

# Miss Carly



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## About Me:

Hi!!! I am Miss Carly! This is my fourth season with BSOTD! Dance is my biggest passion and teaching just absolutely fills my heart. Outside of teaching and dancing, I love going to the gym, spending time with friends, or working on some sort of new craft. My favorite artist of all time is Tate McRae, and she's been my dance idol since I was a kid! I cannot wait for this new dance season to start!

## My Favorites:

Dance Style: Contemporary  
Color: Purple  
Number: 7  
Hobby: The Gym  
Flowers: Baby's Breath  
Drink: Chocolate Milk  
Song: All Songs by Tate McRae  
Movie: Charlotte's Web  
City to Visit: Wildwood  
Book: Don't have one!

## What Am I Teaching This Season...

- Recital/SB- Acro Jazz, Lyrical, Contemporary, Tap, Jazz, Tumble
- Competition- Contemp, Technique

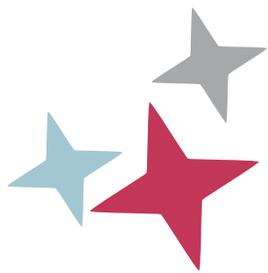
## Dance Education:

I grew up dancing and attending many competitions, conventions, workshops, etc! One of my favorite dance experiences so far was Broadway Dance Centers choreography program!

## Fun Facts About Me!

- I'm a vegetarian
- I've never been on a plane
- I have 2 dogs named Ellie and River





# Meet the Teacher

# Miss Allie



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## About Me:

I am so excited to join the BSOTD family this year! I've spent the majority of my life on stage, performing in over 100 musical theatre productions across Long Island. Outside of the arts, I'm a proud kindergarten teacher and absolutely love working with this age group. Watching young learners grow, express themselves, and build confidence is one of my greatest joys—both in the classroom and now at BSOTD!

## My Favorites:

Dance Style: Ballet  
Color: Pink  
Number: 7  
Hobby: Kayaking  
Flowers: Peonies  
Drink: Diet Coke  
Song: Unwritten  
Movie: Enchanted  
City to Visit: Nashville  
Book: The Housemaid

## Dance Education:

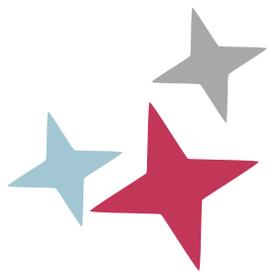
I bring over 15 years of experience in ballet, hip-hop, jazz, and musical theatre. My training began at a Russian ballet school, where I developed a strong technical foundation. I later continued my dance journey at SUNY New Paltz, where I danced on the university's dance team and also taught classes—sharing my love for movement and performance with others.

## What Am I Teaching This Season...

- Recital- Pre-Ballet, Tap, Jazz, Musical Theater

## Fun Facts About Me!

- I have run 2 half marathons
- I have a dog named Lola
- I recently got engaged!



# Meet the Teacher

# Miss Averì



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## About Me:

My name is Averì and I'm excited to be joining the BSOTD family for my first year! I'm originally from Long Island and I recently graduated from UAlbany with a BA in Political Science. Aside from teaching at the studio I also work for the District Attorney's office. While at UAlbany, I was a member of the dance team for three years, and I've been dancing for 17 years, starting competitive dance at the age of 8. I'm really looking forward to being part of the BSOTD family and can't wait for a great year ahead!

## My Favorites:

Dance Style: Jazz  
Color: Baby Blue  
Number: 18  
Hobby: The Gym  
Flowers: Hydrangeas  
Drink: Diet Coke  
Song: Cardigan  
Movie: Dirty Dancing  
City to Visit: SNYC  
Book: Seven Husbands by Evelyn Hugo

## What Am I Teaching This Season...

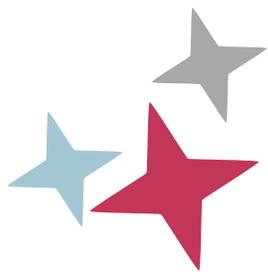
- Recital- Acro Jazz, Hip Hop, Tap, Jazz, Tumble
- Competition- Hip Hop, Technique

## Dance Education:

I began dancing at age 5 and started competing by 8, training primarily in jazz, contemporary, hip hop, and acro. I competed at numerous regional and national events and later became captain of the UAlbany Dance Team, performing at Division I games and UDA Nationals. As a dance photographer, I developed a strong eye for movement and clear communication. I've been fortunate to learn from many incredible coaches, shaping me into a well-rounded dancer and teacher.

## Fun Facts About Me!

- I am currently studying to go to law school
- I am on level 12,061 of candy crush
- I could eat a burger for every meal



# Meet the Teacher

# Miss Cali



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## About Me:

This is my 4th season teaching at BSOTD. I love teaching dance and the community that comes along with it. I was raised bicoastally, spending the summers with my family in California and traveling often to see them while living in upstate New York. In my free time, I'm most likely hanging out with my two cats, Luna and Pluto.

## My Favorites:

Dance Style: Ballet  
Color: Pink & Green  
Number: 26  
Hobby: Playing Video Games  
(The Sims)  
Flowers: Orchids  
Drink: Pepsi  
Song: Get Free by Lana Del Rey  
Movie: Gone Girl  
City to Visit: Santa Cruz, CA  
Book: The Hunger Games

## Dance Education:

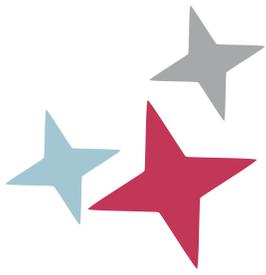
I have been dancing for 20 years. I went to the College of Saint Rose where I was the president of the dance team for 3 years and graduated with a B.S in Psychology. Before that, I was a competition dancer training under the RAD style for ballet. I also danced for a youth ballet company performing in over 40 stage shows and in ballets such as Coppélia, La Boutique fantasque, Lion King, Nutcracker, and many others.

## What Am I Teaching This Season...

- Recital/SB- Pointe, Lyrical, Ballet
- Competition- Technique

## Fun Facts About Me!

- I love traveling and trying different types of food
- I watch a lot of history documentaries/shows
- I'm an Aquarius



# Meet the Teacher

# Miss Christina



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## About Me:

Hi! I'm Miss Christina! I started dancing at BSOTD in 2001 and worked as a student teacher while training in ballet, tap, jazz, and lyrical. I continued to dance and choreograph for the Albany College of Pharmacy and Health Sciences dance team for five years. I returned to teaching at BSOTD in 2019 and have since taught ballet, tap, jazz, musical theater, tap:kickline, and fitness. Outside of dance, I work as an Oncology Clinical Pharmacist, teach fitness classes, and stay actively involved in my church community.

## My Favorites:

Dance Style: Ballet  
Color: Purple  
Number: 7  
Hobby: Listening to Audiobooks  
Flowers: Chrysanthemum  
Drink: Seltzer  
Song: Believe by Josh Groban  
Movie: Too many to pick from!  
City to Visit: Lake Placid, NY  
Book: Anything with a thrilling twist and turn!

## What Am I Teaching This Season...

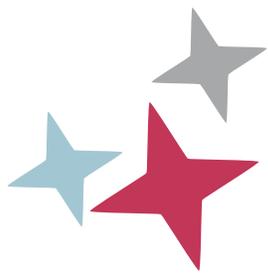
- Recital/SB- Ballet, Tap, Jazz, Musical Theater

## Dance Education:

I danced at BSOTD throughout school and continued dancing at Albany College of Pharmacy and Health Sciences.

## Fun Facts About Me!

- I have two cats - George & Oliver
- My husband and I are working on hiking the 46 high peaks in the Adirondacks
- My favorite type of ice cream is chocolate peanut butter



# Meet the Teacher

# Miss DeAnna



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## About Me:

Hi everyone! I'm Miss DeAnna, and I'm so excited to be back teaching at BSOTD after a short break! I live in Slingerlands with my husband, Joey, and daughter, Emilia. My full time job is teaching Special Education at Guilderland High School. In my spare time I mostly just love spending time with my big family. I love going to the beach and reading also. Looking forward to a fun dance year!

## My Favorites:

Dance Style: Lyrical or Contemporary  
Color: Purple  
Number: 7  
Hobby: Reading  
Flowers: Peonies  
Drink: Coffee  
Song: All Songs by John Mayer  
Movie: The Parent Trap  
City to Visit: Boston  
Book: Before We Were Yours

## What Am I Teaching This Season...

- Recital - Lyrical, Jazz

## Dance Education:

Most of my dance education has been through BSOTD! I started dancing with Mrs. G when I was very little and never stopped. I took some ballet and tap classes while in college and was the vice president of University Dance Council while at UAlbany.

## Fun Facts About Me!

- I have a big family! Five siblings, lots of in laws and nieces and nephews.
- I've danced on Proctors stage as Kermit the Frog, a nun and Carmen Miranda.
- I'm 100% Italian

# Meet the Teacher

# Miss Dominique



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## About Me:

Hi everyone!! I recently graduated this spring from Siena College with my Bachelors in Psychology and will receive my masters in school psychology in 2028 from SUNY Albany! I work as a substitute teacher in North Colonie Schools and over the summer I am teachers Aide at BOCES!!! My hometown is Seaford, Long Island NY!! I have been dancing my whole life and love everything about it from performing to costumes and makeup!!! I am so excited to continue to work with students, watching them grow, learn and find joy in dancing as much as I do!

## My Favorites:

Dance Style: Musical Theater or Hip Hop

Color: Pink

Number: 16 and 11

Hobby: Anything Crafty!

Flowers: Lilies

Drink: Coffee

Song: Eternity by Alex Warren

Movie: Tangled

City to Visit: Krakow, Poland

Book: Tell Me Lies

## What Am I Teaching This Season...

- Recital- Acro Jazz, Hip Hop, Tap, Jazz, Lyrical, Tumble, Musical Theater
- Competition- Jazz
- Adult - Tap

## Dance Education:

I have been dancing for 18 years of my life and am so excited to continue teaching! I have danced competitively and taught at CDU Dance in Wantagh NY and the on the Siena Dance Team for the past four years learning different styles and techniques!

## Fun Facts About Me!

- I own 62 pairs of shoes
- I have a HUGE love for everything disney
- I've been called a yappachino (i love to talk)

Meet the Teacher

# Miss Lexy



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## About Me:

Hi! I'm Miss Lexy! I am so excited to be starting my third year at BSOTD! I am a preschool teacher in Colonie. When I am not teaching dance, I love to perform or stage manage local musicals. I also coach the varsity cheer team at La Salle Institute. I love to spend my free time at home with my husband and my daughter. I am so excited for the year to start and I can't wait to meet everyone!!

## My Favorites:

Dance Style: Jazz  
Color: Green  
Number: 18  
Hobby: Decorating Cakes  
Flowers: Tulips  
Drink: Water  
Song: Maine by Noah Kahan  
Movie: Dirty Dancing  
City to Visit: Reykjavik  
Book: The Women

## Dance Education:

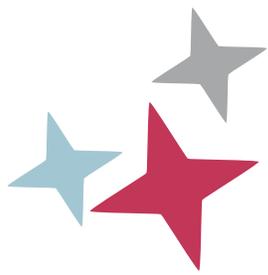
I graduated with my Bachelors degree in Creative Arts with a focus on dance and broadcast journalism from Siena College. I then went on to audition for and train at Broadway Dance Center in their professional semester. Prior to college I grew up taking class and competing for a local studio for 15 years. I continue to study dance any chance I get :)

## What Am I Teaching This Season...

- Recital - Musical Theater
- Competition- Contemporary, Technique

## Fun Facts About Me!

- I have a dog named Nancy
- I am a Yankee fan
- I also played soccer and lacrosse



# Meet the Teacher

# Miss Giada



bsotd



## About Me:

Born and raised in Schenectady, NY, I've been dancing since before I could walk—thanks to my dance teacher mom. My journey has taken me from stage to screen, with credits including Theater Camp, Disney+'s Sneakerella, and regional performances in Syncopated Avenue. I've also worked behind the scenes on Off- and On-Broadway productions.

A career highlight was receiving the inaugural Debbie Allen Inspired Award from DanceOne—an unforgettable honor. Teaching and choreographing are where my heart truly lies. Now in my 4th season with BSOTD, I'm constantly inspired by the incredible dancers I get to work with. Let's dance!

## My Favorites:

Dance Style: Tap or HipHop  
Color: Royal Blue at the moment!  
Number: 12  
Hobby: Any Outside Activities  
Flowers: Sunflowers  
Drink: Wild Berry Poppi  
Song: Chihiro by Billie Eilish  
Movie: Daddy Day Care  
City to Visit: LA  
Book: 7 Husbands by Evelyn Hugo

## What Am I Teaching This Season...

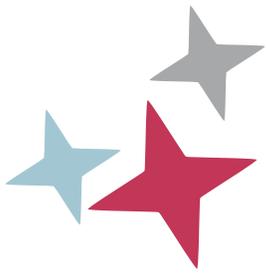
- Competition- Hip Hop, Tap

## Dance Education:

I trained for 8 years at Koin & Co., where I built the foundation of my professional dance career. Now signed with MSA Talent Agency, I've trained with top industry professionals in NYC and LA and have over 10 years of competitive experience. I've also worked as a convention assistant for three major dance conventions, deepening my love and connection to the dance community.

## Fun Facts About Me!

- I'm obsessed with Stitch
- I loveeeee Billie Eilish I've seen her 3 times in concert
- I have two cats (Gucci & Armani)



# Meet the Teacher

## Miss Livi



bsotd



### About Me:

Hi everyone! I'm Miss Livi, and this is my fifth year teaching at BSOTD. I live in Troy, NY and work full-time at RPI. Outside of the studio, I love going on walks with my new puppy, Millie, diving into a good book, experimenting in the kitchen, and tending to my growing collection of houseplants. I'm so excited for another amazing year of dance and can't wait to grow, learn, and have fun with all of you!

### My Favorites:

Dance Style: Jazz  
Color: Purple  
Number: 13  
Hobby: Reading!  
Flowers: Roses  
Drink: Coca Cola  
Song: Olivia by One Direction  
Movie: About Time  
City to Visit: NYC  
Book: Who Will Run the Frog Hospital by Lorrie Moore

### Dance Education:

I began attending BSOTD when I was 3 years old and continued throughout high school. I attended SUNY Oneonta where I studied communications and took all the dance classes I could in my spare time!

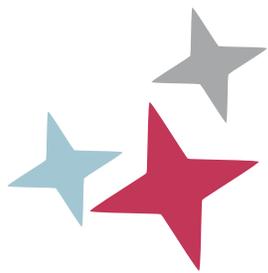
### What Am I Teaching This Season...

- Recital- Pre-Ballet, Ballet, Tap, Jazz

### Fun Facts About Me!

- I collect pins from every new place I visit!
- My favorite food is Mac and cheese
- I love Taylor Swift and got to see her on the eras tour!





# Meet the Teacher

# Miss Jen



bsotd



## About Me:

Hi! I'm Miss Jen! I grew up in Voorheesville and currently live there with my husband Justin, my daughter Giada (also a current BSOTD dancer!) and our sweet dog Ailee. I teach Spanish at Clayton A Bouton High & Voorheesville Middle School and started our middle/high school dance club there, where I have served as the advisor for the last ten years.

## My Favorites:

Dance Style: Ballet  
Color: Green  
Number: 1  
Hobby: Dance or Listen to Music  
Flowers: Roses  
Drink: Coffee and Coconut Water  
Song: Ripple by Grateful Dead  
Movie: Ferris Bueller's Day Off  
City to Visit: NYC (Let's Go Yankees!!!)  
Book: James and the Giant Peach  
by Roald Dahl

## What Am I Teaching This Season...

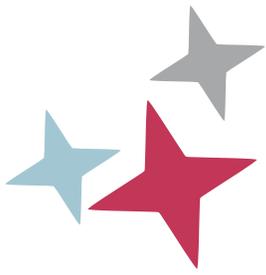
- Recital/SB- Ballet, Lyrical, Hip Hop
- Adult- Zumba ®

## Dance Education:

I began taking ballet and tap at age three at Patricia Leigh Dance Studio and joined BSOTD at age 7, where I continued ballet and jazz through my senior year of high school. I later performed with the student-run Terpsichorean Dance Company during her four years at SUNY Oneonta. While studying abroad in Spain in 2004 I took flamenco lessons and in 2011 became a licensed Zumba® instructor. in 2011.

## Fun Facts About Me!

- I played softball and tennis in high school and cheered for basketball.
- I have been skydiving.
- My favorite foods are sushi and French fries.



# Meet the Teacher

# Miss Olivia



bsotd



## About Me:

Hi! I'm Miss Olivia! Originally, I'm from the area and feel really lucky to now be teaching in the same community that helped shape me. I worked as a school psychologist before shifting into teaching dance full time, and I have both a Bachelor's and Master's in psychology-related fields. Supporting kids has always been at the center of what I do—just now in a more creative space. Outside the studio, I love reading mystery novels and spending time with my rescue dogs. I'm excited for another fun and meaningful season ahead.

## My Favorites:

Dance Style: Tap

Color: Blue

Number: 8

Hobby: Reading & Spending Time  
with Rescue Dogs

Flowers: Roses

Drink: Lemonade

Song: All Kinds - Fun, Calm, and  
Everything in Between!

Movie: The Proposal & The 6th Sense

City to Visit: Coopertown

Book: The Rabbit Factory

## Dance Education:

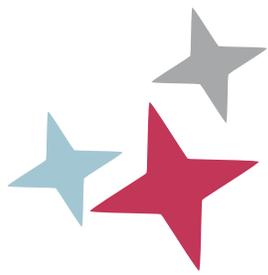
I started dancing at Barbara's School of the Dance when I was four years old and continued through high school. While studying for my Bachelor's Degree at The College of Saint Rose, I stayed active in dance and spent three years competing at local competitions. I'm now entering my 11th year of teaching with BSOTD and feel so grateful to be where it all started, sharing my love of dance within this community.

## What Am I Teaching This Season...

- Recital/SB- Acro Jazz, Hip Hop, Tap, Jazz, Ballet, Creative Mvmt
- Competition- Help Out the Teams!!!

## Fun Facts About Me!

- I have a dog named Dean.
- I love hiking with my family.
- On the weekends, I love to read on the couch with my dog.



Meet the Teacher

**Miss Grace**



bsotd



## About Me:

Hi! I am Miss Grace and I am so excited for the start of BSOTD season 51! This is my third year teaching at BSOTD but I have been a dancer at Barbara's since 2004 when I was 3 years old. When I'm not dancing at the studio you can find me riding horses or spending time with my 2 cats Maverick and Wack. I also enjoy listening to music and watching football (Go Bills!). Looking forward to a great dance year!

## My Favorites:

Dance Style: Tap  
Color: Blue  
Number: 17  
Hobby: Horse Back Riding  
Flowers: Dahlias  
Drink: Lemonade  
Song: When I Get There by Pink  
Movie: The Princess Bride  
City to Visit: Chicago  
Book: Black Beauty

## Dance Education:

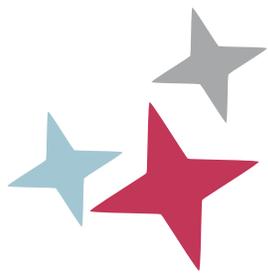
I danced at BSOTD from age 3 to 18 when I graduated from Bethlehem Central High School. I then attended Bucknell University where I graduated with a degree in Biochemistry in 2023. During my time at Bucknell, I took several dance electives through the Bucknell Dance Company as well as night time classes at a local dance studio.

## What Am I Teaching This Season...

- Recital/SB- Acro Jazz, Creative Mvmt, Hip Hop, Tap, Jazz, Pre-Ballet, Ballet, Lyrical

## Fun Facts About Me!

- I am a huge Buffalo Bills fan
- I ride horses and teach horse back riding lessons part time
- My favorite animals are any kind of shark but especially the tiger sharks



# Meet the Teacher

# Miss Sofia



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## About Me:

Hello! My name is Miss Sofia and I am so excited to be your teacher this year! This is my first year at Barbara's and I will be teaching ballet. When I'm not dancing I am usually coaching group fitness classes or personal training at Union college. I also enjoy going on walks, traveling, and taking workout classes!

## My Favorites:

Dance Style: Ballet or Jazz  
Color: Pink!  
Number: 7  
Hobby: Working Out  
Flowers: Peonies  
Drink: Arthur's Coffee  
Song: Ordinary by Alex Warren  
Movie: Legally Blonde  
City to Visit: Nashville  
Book: Atomic Habits by James Clear

## What Am I Teaching This Season...

- Recital - Pre-Ballet for Ages 3/4, 4/5 and 5/6
- Non-Recital - Pointe Prep

## Dance Education:

I danced at Myers Ballet School for the majority of my dance career! I also dance at Union College and am on their dance team. Last summer I was picked as an Edward Villella fellow from Union and danced at Albany Berkshire Ballet.

## Fun Facts About Me!

- I am a senior Sociology major at Union college
- I have been a guest on a fitness podcast
- I am starting a fellowship in the fall working with the Schenectady School district!





# Meet the Teacher

# Miss Elizabeth



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## About Me:

Hi, I'm Miss Elizabeth! I'm so excited to be both a ballet instructor and the Artistic Director of BSOTD's new production company. From the time I was little, my parents have supported my love of dance, and their encouragement still inspires me every single day as a teacher. I can't wait to kick off our 51st season with all of you—let's make it an unforgettable one!

## My Favorites:

Dance Style: Classical Ballet  
Color: Cornflower Blue  
Number: 14  
Hobby: Yoga  
Flowers: Ranunculus  
Drink: Unsweetened Ice Tea  
Song: Tchaikovsky - Swan Lake, Op. 20: Act II, No. 14 - Scene (Moderato)  
Movie: The Sound of Music  
City to Visit: Paris, France  
Book: The Goldfinch by Donna Tartt

## Dance Education:

I've been dancing since I was three (Cecchetti method all the way!) and now I get to share my passion as a ballet instructor and Artistic Director at BSOTD. I've trained with amazing companies like Boston Ballet and ABT, earned my BFA in Dance Performance from Mercyhurst University, and performed with incredible groups across the country. These days, my favorite role is inspiring my students and helping them fall in love with ballet just like I did.

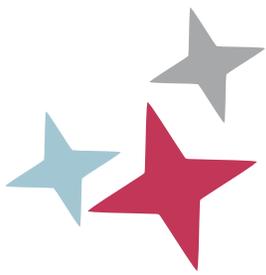
## What Am I Teaching This Season...

- Recital/SB- Pre-Ballet, Ballet, Pointe
- Competition- Ballet Technique
- Non-Recital - Pointe Prep

## Fun Facts About Me!

- The family dog's name is "Tutu"; she is a Yorkshire Terrier!
- I have practiced yoga since age 15 and land surveying under my Dad!
- I have a deep love for art history, especially the beauty of Impressionism!





# Meet the Teacher

# Miss Erika



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## About Me:

Hi! I'm Miss Erika and I love teaching dance and am excited for the new season! When not at the studio my husband and I enjoy live music, comedy, hiking, movies, documentaries, new restaurants to try, and hanging out with our pup Waffles. I have a Bachelor's in Environmental Policy and Planning from UWGB.

## My Favorites:

Dance Style: Tap/Lyrical  
Color: Earth Tones  
Number: 11  
Hobby: Any Water Activities!  
Flowers: Birds of Paradise  
Drink: Chai Latte  
Song: American Pie  
Movie: Princess Bride  
City to Visit: Anywhere I Haven't Been  
Book: I read 1-2 a week. Too many to choose from!

## What Am I Teaching This Season...

- Recital - Tap, Jazz
- Adult - Tap 2, Lyrical

## Dance Education:

BSOTD alumni. I received my Dance Educators of America certificate in NYC in 2002. Employed to teach/choreograph at Albany Academy, local Plays, and HVCC. I've been teaching for 28 years.

## Fun Facts About Me!

- was an assistant excursion guide in Ecuador.
- I love plants and gardening
- I save all insects and creepy crawlers

